



A MODERN AMERICAN KITCHEN

Mon.-Fri. 11am - 7pm

Tip from Greg:

BEETS

Like all fruits and vegetables are low in calories, high in complex carbohydrates, contain no cholesterol and almost no fat. The vitamins and minerals in beets, along with the antioxidants and phytochemicals make this vegetable an excellent food choice



FRESHLY PREPARED MEALS & CATERING

02.20.12-02.24.12

ENTREES

Eggplant Parmesan

Classic Italian baked casserole of lightly breaded eggplant sautéed and layered with marinara sauce topped with Mozzarella & Parmesan cheeses and fresh basil.

Serving for two: 12.95

Chicken Valdostana

Sautéed chicken breast topped with prosciutto and Fontina cheese; served over a Marsala wine sauce with roasted red potatoes.

Serving for four: 19.95 | Serving for two: 13.95

Beef Bourguignon

Tender beef simmered in a red wine sauce with mushrooms, onions and carrots; served with Jasmine rice.

Serving for four: 21.95 | Serving for two: 14.95

Stuffed Zucchini

Zucchini stuffed with Italian sausage served over a marinara sauce and topped with béchamel sauce; served with grilled polenta.

Serving for two: 13.95

Parmesan Panko Baked Cod

Cod encrusted with Parmesan cheese and panko then baked; served with grilled asparagus and roasted carrots.

Serving for two: 17.95

SALADS

Tossed Green Salad

4.95

Italian Pasta Salad

Shell pasta mixed with sopressata, salami, prosciutto, fresh mozzarella, Kalamata olives, pepperocini and roasted red peppers

4.95

Roasted Beet Salad

3.95

Chicken Salad

3.95

SOUPS

Cream of Cauliflower

with Prosciutto garnish

4.95

Mushroom Lentil

3.95

SIDES

Tabbouleh

3.95

DESSERTS

Brownies

2.95

For pre-orders, call 372.4367 or email us at sales@gregorypauls.com